Precor EFX 576i Experience Series Elliptical

- Exercise Programs: Cross Training (3), Cross Country, Fitness Test, Gluteals (2), Interval, Hill Climb, Manual, Weight Loss, and Custom
- Cross Ramp: 15 to 40 degrees (adjustable)
- Stride Lengths: 21.2 to 24.7 inches
- Tap Control: Large buttons provide satisfying tactile response and audible click.
- Resistance: 20 Levels (18-720 watts)
- Movable Arms
- Heart Rate Monitor: Touch and Wireless Capabilities (Chest Strap Not Included)
- Transport Wheels
- Water Bottle Holder, Magazine Rack, and Utility Tray
- Power Requirements: Self Powered, Cordless.
- Max User Weight: 350 lbs.Product Weight: 318 lbs.
- Dimensions: 80"L x 32"W x 68"H

